



JUNE 28, 2020

The Club Gym may be used by members in a limited capacity. Starting: Tuesday June 30 we plan to open the gym to members who sign a waiver because they have been given medical advice and need to use the gym equipment. We will have an additional staff person all day at the pool on Tuesday to assist you and answer questions. There after we will have an increased staff presence in the Gym to govern rules and capacity and reservations. We will plan to make changes as we are not sure how this will work.

IF YOU WANT TO START IMMEDIATELY SEE JACK AT THE POOL TOMORROW.

- MUST WEAR A MASK, SANITIZE, WASH HANDS, DISTANCE
- GYM HOURS LIMITED TO POOL HOURS.
- ACCESS CONTROLLED THROUGH POOL DESK THERE IS A MANDATORY WAIVER/SIGN IN FOR EVERY SESSION AND EVERY PERSON IN THE GYM MUST BE SIGNED IN FOR THE HOUR. (bring your own pen if you wish) EVERY TIME.
- LIMITED TO 10 PEOPLE FOR AN HOUR AT ONE TIME, IF YOU STAY LONGER THERE MUST BE OPEN TIME IN THE NEXT HOUR SESSION AND YOU NEED TO CHECK WITH THE STAFF AT THE DESK.
- LIMIT 4 RESERVATIONS PER WEEK (you may come as often as space, just applies to future reservations)
- RESERVATIONS MAY ONLY BE MADE AT THE POOL DESK. WEEKLY STARTING FOR THE FOLLOWING WEEK ON SATURDAY. (Failure to show or any disregard for the rules will result in loss of use)
- DISINFECTION: members to assist in disinfection and STAFF will be disinfecting the gym throughout the day. Full Cleanings will happen twice a week.
- NO GUESTS, ALL MEMBERS MUST HAVE VALID ID (NC Driver License)

PLEASE READ NOTICE APPLICABLE TO GYM:

STOP

To do our part in preventing the spread of COVID-19 in our community, we are restricting access to this facility for anyone who may have recently been exposed to the virus. Please read this carefully.

By entering this facility, you are affirming and attesting that:

(a) You have not in the last 14 days had any close contact with anyone who is either confirmed or suspected of being infected with COVID-19, including anyone who was experiencing or displaying any of the known symptoms of COVID-19 (which are listed in item (c) below);

AND

(b) You have not in the last month traveled to a restricted area that is under a Level 2, 3, or 4 Travel Advisory according to the U.S. State Department (including China, Italy, Iran, and most of Europe);

AND

(c) You do not currently experience or display, and you have not in the last 14 days experienced or displayed, any of the following symptoms:

- Elevated temperature or fever of 100.4 F or higher,
- Cough,
- Shortness of breath and/or difficulty breathing,
- Loss of smell and/or taste,
- Fatigue, muscle aches, chills, shaking, or
- Persistent headaches.

If you answered YES to any of the above statements, you may NOT enter this building.

Further, by entering this facility, you are affirming and attesting that you have been directed or prescribed to participate in fitness activities, physical training, conditioning, and/or similar activities such as those available at this facility by a medical professional.

Thank you for your cooperation.

Source:

The Governor interprets Executive Order No. 141 to allow the use of indoor gyms or fitness facilities when that use is prescribed by or directed by a medical professional. This is consistent with Sections 1(5)(a) and 7(A)(2)(b) of Executive Order No. 141, which contain exceptions for health-care services and activities.¹

This understanding of Executive Order No. 141 applies even if the Court denies the Smith Plaintiffs' request for a temporary restraining order. This exception applies, for example, to physical or occupational therapy ordered by a medical professional. In many cases, physical or occupational therapists' equipment is part of a hospital facility or doctor's office, but if health care professionals determine that specific patients with medical conditions need to utilize equipment at an indoor gym or fitness center, such care would not undermine the public-health rationale of the Phase Two order. Because the number of individuals taking advantage of this exception will be low, the risk to the public is reduced versus opening these facilities to the general public at this time. A broader opening, the Governor has concluded, would put the public at risk.

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